

Vlaamse Jeugdkampioenschappen 2014  
ANTWERPEN, 7/ - 9/2/2014

Programmanr. 1  
7/02/2014 - 19:30

Meisjes, 800m vrije slag

12 jaar  
Resultaten

Punten: FINA 2013

Rang							Tijd	Pnt
1.	De Baere Anneleen		MEGA/20737/02			10:45.71	<b>10:36.02</b>	468
	100m:	1:13.14 1:13.14	300m:	3:54.96 1:21.25	500m:	6:36.52 1:20.73	700m:	9:19.72 1:21.64
	200m:	2:33.71 1:20.56	400m:	5:15.79 1:20.83	600m:	7:58.07 1:21.55	800m:	10:36.02 1:16.30
2.	Marceniuk Marijke		HZS/20530/02			11:39.45	<b>10:39.47</b>	461
	100m:	1:13.30 1:13.30	300m:	3:55.78 1:21.47	500m:	6:39.15 1:21.75	700m:	9:22.23 1:21.13
	200m:	2:34.30 1:21.00	400m:	5:17.39 1:21.61	600m:	8:01.10 1:21.95	800m:	10:39.47 1:17.24
3.	Vandenbussche Indra		BZK/20657/02			10:43.28	<b>10:41.22</b>	457
	100m:	1:13.10 1:13.10	300m:	3:56.66 1:21.15	500m:	6:41.29 1:22.74	700m:	9:23.99 1:20.09
	200m:	2:35.50 1:22.40	400m:	5:18.54 1:21.88	600m:	8:03.89 1:22.60	800m:	10:41.22 1:17.23
4.	Martens Chloe		OZEKA/21002/02			10:56.86	<b>10:57.03</b>	425
	100m:	1:16.84 1:16.84	300m:	4:02.88 1:23.46	500m:	6:49.07 1:23.43	700m:	9:36.29 1:23.73
	200m:	2:39.42 1:22.58	400m:	5:25.64 1:22.75	600m:	8:12.56 1:23.48	800m:	10:57.03 1:20.74
5.	Beulen Sophie		BZK/20630/02			11:30.60	<b>11:07.95</b>	404
	100m:	1:13.06 1:13.06	300m:	3:58.42 1:22.46	500m:	6:49.15 1:25.70	700m:	9:42.77 1:26.84
	200m:	2:35.96 1:22.89	400m:	5:23.44 1:25.02	600m:	8:15.92 1:26.77	800m:	11:07.95 1:25.17
6.	Mommaerts Nele		ZORO/20025/02			11:30.28	<b>11:18.86</b>	385
	100m:	1:19.06 1:19.06	300m:	4:08.95 1:26.68	500m:	7:01.71 1:27.38	700m:	9:57.31 1:27.76
	200m:	2:42.27 1:23.20	400m:	5:34.33 1:25.37	600m:	8:29.55 1:27.83	800m:	11:18.86 1:21.55
7.	Supply Ann-Sophie		DIZV/20379/02			11:13.12	<b>11:32.08</b>	363
	100m:	1:17.96 1:17.96	300m:	4:14.53 1:29.81	500m:	7:13.54 1:29.35	700m:	10:10.44 1:27.74
	200m:	2:44.71 1:26.75	400m:	5:44.19 1:29.65	600m:	8:42.69 1:29.15	800m:	11:32.08 1:21.64

Programmanr. 2  
7/02/2014 - 19:42

Jongens, 800m vrije slag

12 jaar  
Resultaten

Punten: FINA 2013

Rang							Tijd	Pnt
1.	Van Synghel Noah		OZEKA/214/02			10:21.51	<b>10:15.32</b>	396
	100m:	1:11.34 1:11.34	300m:	3:48.89 1:18.82	500m:	6:24.67 1:17.52	700m:	9:00.33 1:17.33
	200m:	2:30.07 1:18.72	400m:	5:07.14 1:18.24	600m:	7:42.99 1:18.32	800m:	10:15.32 1:14.99
2.	Moyens Lennert		SHARK/10409/02			10:47.35	<b>10:31.69</b>	366
	100m:	1:12.82 1:12.82	300m:	3:54.10 1:20.81	500m:	6:35.74 1:20.86	700m:	9:15.21 1:20.06
	200m:	2:33.29 1:20.46	400m:	5:14.87 1:20.77	600m:	7:55.14 1:19.40	800m:	10:31.69 1:16.48
3.	Wyns Seppe		SHARK/10446/02			11:21.26	<b>10:34.88</b>	361
	100m:	1:15.98 1:15.98	300m:	3:57.32 1:21.12	500m:	6:38.47 1:20.48	700m:	9:20.46 1:21.53
	200m:	2:36.19 1:20.21	400m:	5:17.98 1:20.66	600m:	7:58.92 1:20.45	800m:	10:34.88 1:14.42
4.	Ardenoy Viktor		BZK/11002/02			11:02.25	<b>10:55.48</b>	328
	100m:	1:16.08 1:16.08	300m:	4:01.65 1:23.05	500m:	6:47.38 1:21.90	700m:	9:33.73 1:23.39
	200m:	2:38.59 1:22.51	400m:	5:25.48 1:23.83	600m:	8:10.34 1:22.95	800m:	10:55.48 1:21.74
5.	Boulez Edouard		DDAT/10281/02			11:04.67	<b>11:07.60</b>	310
	100m:	1:18.38 1:18.38	300m:	4:06.37 1:24.64	500m:	6:56.45 1:24.17	700m:	9:45.28 1:24.59
	200m:	2:41.73 1:23.34	400m:	5:32.27 1:25.90	600m:	8:20.68 1:24.23	800m:	11:07.60 1:22.32

Vlaamse Jeugdkampioenschappen 2014  
ANTWERPEN, 7/ - 9/2/2014

Programmanr. 2, Jongens, 800m vrije slag, 12 jaar

Rang							Tijd			Pnt		
6.	Herregodts Siebe		ZNA/10536/02				11:42.69	<b>11:16.19</b>	298			
	100m:	1:18.64	1:18.64	300m:	4:09.77	1:26.00	500m:	7:01.77	1:25.65	700m:	9:53.95	1:25.87
	200m:	2:43.76	1:25.11	400m:	5:36.12	1:26.35	600m:	8:28.07	1:26.30	800m:	11:16.19	1:22.24
7.	De Clercq Tijl		OZEKA/212/02				11:15.82	<b>11:26.67</b>	285			
	100m:	1:17.27	1:17.27	300m:	4:13.17	1:27.60	500m:	7:07.32	1:27.50	700m:	10:03.12	1:28.35
	200m:	2:45.57	1:28.29	400m:	5:39.81	1:26.63	600m:	8:34.76	1:27.44	800m:	11:26.67	1:23.55

Programmanr. 3  
7/02/2014 - 19:56

Meisjes, 800m vrije slag

13 jaar  
Resultaten

Punten: FINA 2013

Rang							Tijd			Pnt		
1.	De Moor Jolien		OZEKA/192/01				9:50.42	<b>9:58.80</b>	561			
	100m:	1:08.79	1:08.79	300m:	3:40.18	1:16.05	500m:	6:11.82	1:15.78	700m:	8:45.28	1:16.91
	200m:	2:24.13	1:15.33	400m:	4:56.04	1:15.85	600m:	7:28.36	1:16.53	800m:	9:58.80	1:13.52
2.	Vanhee Steffi		KZK/21003/01				10:32.47	<b>10:02.60</b>	551			
	100m:	1:08.66	1:08.66	300m:	3:40.56	1:16.79	500m:	6:15.60	1:17.48	700m:	8:48.15	1:16.08
	200m:	2:23.77	1:15.10	400m:	4:58.12	1:17.55	600m:	7:32.06	1:16.46	800m:	10:02.60	1:14.44
3.	Brosens Sarah		SHARK/20387/01				10:15.58	<b>10:05.11</b>	544			
	100m:	1:08.77	1:08.77	300m:	3:41.45	1:17.09	500m:	6:16.05	1:17.15	700m:	8:50.37	1:16.90
	200m:	2:24.35	1:15.57	400m:	4:58.89	1:17.44	600m:	7:33.47	1:17.42	800m:	10:05.11	1:14.73
4.	Vande Velde Marilou		MEGA/20688/01				10:37.36	<b>10:40.11</b>	459			
	100m:	1:13.88	1:13.88	300m:	3:55.18	1:20.87	500m:	6:38.54	1:22.38	700m:	9:21.72	1:21.47
	200m:	2:34.31	1:20.42	400m:	5:16.15	1:20.97	600m:	8:00.25	1:21.71	800m:	10:40.11	1:18.38
5.	Vyncke Laura		FIRST/20576/01				10:43.75	<b>10:49.24</b>	440			
	100m:	1:12.43	1:12.43	300m:	3:54.79	1:21.99	500m:	6:41.72	1:23.77	700m:	9:28.72	1:22.77
	200m:	2:32.79	1:20.36	400m:	5:17.95	1:23.15	600m:	8:05.95	1:24.22	800m:	10:49.24	1:20.51
6.	Van Deuren Charlotte		BRABO/20947/01				13:42.15	<b>11:13.91</b>	394			
	100m:	1:17.64	1:17.64	300m:	4:10.25	1:26.84	500m:	7:02.38	1:25.96	700m:	9:53.47	1:25.37
	200m:	2:43.41	1:25.76	400m:	5:36.41	1:26.16	600m:	8:28.10	1:25.71	800m:	11:13.91	1:20.43
7.	Van De Velde Sien		SHARK/20408/01				11:35.77	<b>11:19.39</b>	384			
	100m:	1:18.51	1:18.51	300m:	4:12.32	1:26.86	500m:	7:06.03	1:27.07	700m:	9:58.06	1:25.77
	200m:	2:45.45	1:26.94	400m:	5:38.96	1:26.63	600m:	8:32.28	1:26.25	800m:	11:19.39	1:21.33
8.	Beirens Anna		AZ/21028/01				11:29.61	<b>11:32.10</b>	363			
	100m:	1:18.32	1:18.32	300m:	4:10.74	1:27.73	500m:	7:07.68	1:29.33	700m:	10:03.38	1:27.56
	200m:	2:43.00	1:24.68	400m:	5:38.35	1:27.61	600m:	8:35.82	1:28.14	800m:	11:32.10	1:28.71

Vlaamse Jeugdkampioenschappen 2014  
ANTWERPEN, 7/ - 9/2/2014

Programmanr. 4  
7/02/2014 - 20:10

Jongens, 1500m vrije slag

13 jaar  
Resultaten

Punten: FINA 2013

Rang							Tijd		Pnt
1.	Marichal Seppe		BRABO/10874/01		17:46.29		<b>17:57.21</b>		528
	100m:	1:05.72 1:05.72	500m:	5:50.88 1:12.05	900m:	10:41.26 1:12.26	1300m:	15:36.25 1:13.24	
	200m:	2:16.33 1:10.60	600m:	7:04.13 1:13.25	1000m:	11:54.08 1:12.82	1400m:	16:48.52 1:12.27	
	300m:	3:27.38 1:11.05	700m:	8:16.97 1:12.83	1100m:	13:08.46 1:14.38	1500m:	17:57.21 1:08.69	
	400m:	4:38.83 1:11.44	800m:	9:28.99 1:12.02	1200m:	14:23.01 1:14.54			
2.	Beulen Cesar		BZK/10623/01		19:53.57		<b>19:32.86</b>		409
	100m:	1:13.40 1:13.40	500m:	6:29.50 1:18.77	900m:	11:44.61 1:18.70	1300m:	16:59.53 1:19.53	
	200m:	2:32.54 1:19.13	600m:	7:48.53 1:19.03	1000m:	13:02.07 1:17.46	1400m:	18:17.65 1:18.11	
	300m:	3:52.68 1:20.13	700m:	9:07.45 1:18.91	1100m:	14:20.87 1:18.79	1500m:	19:32.86 1:15.20	
	400m:	5:10.73 1:18.05	800m:	10:25.90 1:18.45	1200m:	15:40.00 1:19.13			
3.	D'hollander Jens		DZO/10318/01		20:20.88		<b>19:44.90</b>		397
	100m:	1:13.47 1:13.47	500m:	6:31.96 1:19.25	900m:	11:51.03 1:19.72	1300m:	17:09.47 1:19.48	
	200m:	2:33.40 1:19.93	600m:	7:51.84 1:19.88	1000m:	13:09.94 1:18.91	1400m:	18:28.93 1:19.45	
	300m:	3:52.84 1:19.43	700m:	9:11.62 1:19.77	1100m:	14:30.06 1:20.11	1500m:	19:44.90 1:15.96	
	400m:	5:12.70 1:19.86	800m:	10:31.31 1:19.69	1200m:	15:49.98 1:19.92			
4.	Herteleer Jonas		MEGA/10669/01		19:49.37		<b>20:09.24</b>		373
	100m:	1:13.04 1:13.04	500m:	6:32.28 1:20.46	900m:	11:59.33 1:22.15	1300m:	17:29.56 1:22.48	
	200m:	2:32.34 1:19.30	600m:	7:53.30 1:21.02	1000m:	13:22.23 1:22.90	1400m:	18:51.38 1:21.82	
	300m:	3:52.30 1:19.95	700m:	9:15.04 1:21.74	1100m:	14:44.75 1:22.51	1500m:	20:09.24 1:17.86	
	400m:	5:11.81 1:19.51	800m:	10:37.18 1:22.13	1200m:	16:07.08 1:22.33			
5.	De Mey Largo		DIZV/10353/01		20:46.95		<b>20:23.23</b>		361
	100m:	1:14.06 1:14.06	500m:	6:41.68 1:23.23	900m:	12:12.04 1:22.61	1300m:	17:44.02 1:22.07	
	200m:	2:34.85 1:20.79	600m:	8:03.10 1:21.41	1000m:	13:36.30 1:24.26	1400m:	19:06.51 1:22.48	
	300m:	3:56.10 1:21.24	700m:	9:26.67 1:23.57	1100m:	14:59.04 1:22.74	1500m:	20:23.23 1:16.72	
	400m:	5:18.45 1:22.35	800m:	10:49.42 1:22.74	1200m:	16:21.95 1:22.90			
6.	Claes Tom		ZCT/10317/01		20:23.73		<b>20:24.84</b>		359
	100m:	1:15.50 1:15.50	500m:	6:41.46 1:22.55	900m:	12:09.12 1:22.40	1300m:		
	200m:	2:35.68 1:20.18	600m:	8:03.28 1:21.82	1000m:	13:32.00 1:22.88	1400m:		
	300m:		700m:	9:24.54 1:21.26	1100m:	14:55.07 1:23.06	1500m:	20:24.84	
	400m:	5:18.90	800m:	10:46.72 1:22.17	1200m:				
7.	Maximus Xaino		MEGA/10617/01		20:45.67		<b>20:52.93</b>		335
	100m:	1:14.89 1:14.89	500m:	6:42.76 1:23.27	900m:	12:16.85 1:23.70	1300m:	18:01.76 1:26.71	
	200m:	2:35.85 1:20.95	600m:	8:04.71 1:21.95	1000m:	13:43.44 1:26.59	1400m:	19:28.67 1:26.91	
	300m:	3:58.09 1:22.24	700m:	9:28.13 1:23.42	1100m:	15:09.04 1:25.60	1500m:	20:52.93 1:24.25	
	400m:	5:19.48 1:21.39	800m:	10:53.14 1:25.01	1200m:	16:35.05 1:26.00			
AT	Lust Louis		AZ/11006/01		20:36.64				AT

Vlaamse Jeugdkampioenschappen 2014  
ANTWERPEN, 7/ - 9/2/2014

Programmanr. 5  
7/02/2014 - 20:32

Meisjes, 800m vrije slag

14 jaar  
Resultaten

Punten: FINA 2013

Rang							Tijd		Pnt
1.	Geeroms Anke		SCZ/20130/00		10:06.11		<b>9:46.54</b>		597
	100m:	1:08.68 1:08.68	300m:	3:37.41 1:14.22	500m:	6:06.15 1:14.42	700m:	8:35.16 1:14.36	
	200m:	2:23.19 1:14.50	400m:	4:51.73 1:14.32	600m:	7:20.79 1:14.64	800m:	9:46.54 1:11.37	
2.	Hernaert Jade		DZO/20360/00		9:36.99		<b>9:47.59</b>		594
	100m:	1:08.17 1:08.17	300m:	3:37.61 1:14.68	500m:	6:07.20 1:14.78	700m:	8:37.48 1:14.59	
	200m:	2:22.92 1:14.75	400m:	4:52.41 1:14.80	600m:	7:22.89 1:15.69	800m:	9:47.59 1:10.11	
3.	Vanschoorisse Nikita		OZEKA/187/00		9:50.59		<b>9:59.70</b>		559
	100m:	1:09.11 1:09.11	300m:	3:39.79 1:15.29	500m:	6:13.47 1:17.23	700m:	8:47.60 1:16.92	
	200m:	2:24.49 1:15.38	400m:	4:56.23 1:16.44	600m:	7:30.68 1:17.21	800m:	9:59.70 1:12.09	
4.	Verschooten Tine		ZCT/20302/00		10:11.64		<b>10:02.83</b>		550
	100m:	1:10.56 1:10.56	300m:	3:42.84 1:16.88	500m:	6:16.13 1:16.12	700m:	8:49.20 1:16.36	
	200m:	2:25.95 1:15.38	400m:	5:00.00 1:17.16	600m:	7:32.84 1:16.71	800m:	10:02.83 1:13.63	
5.	Van Dyck Lien		SHARK/20336/00		9:54.92		<b>10:08.45</b>		535
	100m:	1:08.22 1:08.22	300m:	3:40.25 1:16.55	500m:	6:16.35 1:18.61	700m:	8:51.89 1:17.62	
	200m:	2:23.69 1:15.47	400m:	4:57.74 1:17.48	600m:	7:34.26 1:17.90	800m:	10:08.45 1:16.56	
6.	Depraeter Leonie		BZK/20680/00		10:06.70		<b>10:20.74</b>		504
	100m:	1:10.01 1:10.01	300m:	3:44.99 1:18.29	500m:	6:25.08 1:20.58	700m:	9:05.32 1:19.99	
	200m:	2:26.70 1:16.68	400m:	5:04.49 1:19.49	600m:	7:45.32 1:20.24	800m:	10:20.74 1:15.41	
7.	Cobbaert Justine		ZB/20139/00		10:53.09		<b>10:23.76</b>		497
	100m:	1:12.49 1:12.49	300m:	3:49.67 1:19.16	500m:	6:28.51 1:19.19	700m:	9:08.20 1:20.12	
	200m:	2:30.51 1:18.02	400m:	5:09.32 1:19.64	600m:	7:48.08 1:19.56	800m:	10:23.76 1:15.55	
8.	Limpens Amelie		MEGA/20563/00		10:10.07		<b>10:27.35</b>		488
	100m:	1:12.25 1:12.25	300m:	3:46.93 1:17.86	500m:	6:26.52 1:20.78	700m:	9:07.97 1:20.62	
	200m:	2:29.07 1:16.81	400m:	5:05.73 1:18.80	600m:	7:47.34 1:20.82	800m:	10:27.35 1:19.37	

Programmanr. 6  
7/02/2014 - 20:44

Jongens, 1500m vrije slag

14 jaar  
Resultaten

Punten: FINA 2013

Rang							Tijd		Pnt
1.	Mulkers Lander		HZS/10500/00		18:07.92		<b>17:45.47</b>		546
	100m:	1:05.45 1:05.45	500m:	5:53.78 1:12.42	900m:	10:41.88 1:12.05	1300m:	15:27.63 1:11.45	
	200m:	2:16.84 1:11.39	600m:	7:05.83 1:12.05	1000m:	11:53.29 1:11.40	1400m:	16:37.97 1:10.33	
	300m:	3:29.19 1:12.35	700m:	8:17.91 1:12.08	1100m:	13:04.77 1:11.48	1500m:	17:45.47 1:07.50	
	400m:	4:41.36 1:12.16	800m:	9:29.82 1:11.90	1200m:	14:16.18 1:11.41			
2.	Martens Noah		OZEKA/11001/00		18:26.99		<b>18:08.59</b>		512
	100m:	1:07.17 1:07.17	500m:	5:56.63 1:13.29	900m:	10:50.07 1:13.52	1300m:	15:44.69 1:13.60	
	200m:	2:19.37 1:12.19	600m:	7:09.41 1:12.78	1000m:	12:03.01 1:12.94	1400m:	16:58.31 1:13.61	
	300m:	3:31.49 1:12.12	700m:	8:22.77 1:13.36	1100m:	13:16.80 1:13.79	1500m:	18:08.59 1:10.28	
	400m:	4:43.34 1:11.85	800m:	9:36.54 1:13.77	1200m:	14:31.09 1:14.28			
3.	De Weirdt Jan		AZ/11035/00		18:42.22		<b>18:13.72</b>		505
	100m:	1:08.43 1:08.43	500m:	6:02.88 1:13.72	900m:	10:59.71 1:13.63	1300m:	15:52.30 1:13.66	
	200m:	2:21.22 1:12.78	600m:	7:17.10 1:14.22	1000m:	12:12.86 1:13.15	1400m:	17:04.51 1:12.20	
	300m:	3:35.20 1:13.97	700m:	8:32.12 1:15.01	1100m:	13:26.14 1:13.27	1500m:	18:13.72 1:09.20	
	400m:	4:49.15 1:13.95	800m:	9:46.07 1:13.95	1200m:	14:38.64 1:12.50			

Vlaamse Jeugdkampioenschappen 2014  
ANTWERPEN, 7/ - 9/2/2014

Programmanr. 6, Jongens, 1500m vrije slag, 14 jaar

Rang							Tijd			Pnt		
4.	Decuyper Brecht		MEGA/10670/00				18:30.87	<b>18:18.64</b>		498		
	100m:	1:07.95	1:07.95	500m:	6:02.12	1:13.54	900m:	11:00.24	1:14.33	1300m:	15:54.97	1:13.89
	200m:	2:20.93	1:12.98	600m:	7:17.05	1:14.92	1000m:	12:13.61	1:13.37	1400m:	17:08.20	1:13.22
	300m:	3:34.62	1:13.69	700m:	8:31.80	1:14.74	1100m:	13:27.11	1:13.49	1500m:	18:18.64	1:10.44
	400m:	4:48.58	1:13.95	800m:	9:45.90	1:14.09	1200m:	14:41.08	1:13.97			
5.	Beirens Emiel		AZ/11027/00				18:32.20	<b>18:42.40</b>		467		
	100m:	1:08.63	1:08.63	500m:	6:07.68	1:15.83	900m:	11:11.56	1:16.78	1300m:	16:15.94	1:15.44
	200m:	2:21.99	1:13.36	600m:	7:23.66	1:15.97	1000m:	12:27.87	1:16.31	1400m:	17:30.68	1:14.74
	300m:	3:36.65	1:14.65	700m:	8:38.91	1:15.24	1100m:	13:44.18	1:16.31	1500m:	18:42.40	1:11.72
	400m:	4:51.85	1:15.19	800m:	9:54.77	1:15.86	1200m:	15:00.50	1:16.31			
6.	Van Den Broeck Brent		ZCT/10285/00				19:07.66	<b>18:54.95</b>		452		
	100m:	1:11.09	1:11.09	500m:	6:13.64	1:16.23	900m:	11:17.54	1:14.78	1300m:	16:23.48	1:16.34
	200m:	2:26.15	1:15.06	600m:	7:29.96	1:16.32	1000m:	12:33.80	1:16.26	1400m:	17:40.66	1:17.17
	300m:	3:41.51	1:15.35	700m:	8:46.42	1:16.46	1100m:	13:50.14	1:16.33	1500m:	18:54.95	1:14.29
	400m:	4:57.41	1:15.90	800m:	10:02.76	1:16.33	1200m:	15:07.14	1:17.00			
7.	Samyn Jonas		KZK/11019/00				18:22.70	<b>19:05.68</b>		439		
	100m:	1:09.30	1:09.30	500m:	6:09.23	1:16.04	900m:	11:18.94	1:18.17	1300m:	16:33.33	1:18.70
	200m:	2:23.13	1:13.83	600m:	7:25.81	1:16.57	1000m:	12:38.16	1:19.22	1400m:	17:51.28	1:17.95
	300m:	3:37.83	1:14.70	700m:	8:42.98	1:17.17	1100m:	13:56.03	1:17.86	1500m:	19:05.68	1:14.40
	400m:	4:53.18	1:15.35	800m:	10:00.76	1:17.78	1200m:	15:14.62	1:18.59			
8.	Devos Jonas		IKZ/10156/00				20:28.42	<b>20:00.54</b>		381		
	100m:	1:14.03	1:14.03	500m:	6:35.61	1:20.70	900m:	11:58.90	1:20.88	1300m:	17:23.17	1:20.76
	200m:	2:33.52	1:19.48	600m:	7:56.34	1:20.73	1000m:	13:20.36	1:21.45	1400m:	18:42.46	1:19.29
	300m:	3:53.81	1:20.29	700m:	9:17.40	1:21.05	1100m:	14:41.22	1:20.86	1500m:	20:00.54	1:18.08
	400m:	5:14.90	1:21.09	800m:	10:38.02	1:20.61	1200m:	16:02.40	1:21.18			