

**Schedule Session No. 1 - session 1, heats**
**30-11-2023 - 9:00**

Warmup: 7:30 until 8:45

9:00	1.	200m Freestyle	Men	Prelim	Sen.	0:23	8 Heats	73
9:23	2.	200m Freestyle	Women	Prelim	Sen.	0:25	8 Heats	71
9:48	3.	200m Backstroke	Men	Prelim	Sen.	0:16	5 Heats	45
10:04	4.	200m Backstroke	Women	Prelim	Sen.	0:13	4 Heats	39
10:17	5.	50m Breaststroke	Men	Prelim	Sen.	0:08	6 Heats	53
10:25	6.	50m Breaststroke	Women	Prelim	Sen.	0:11	7 Heats	65
10:36	15 min. pauze / break						0:15	
10:51	7.	200m Butterfly	Men	Prelim	Sen.	0:09	3 Heats	29
11:00	8.	200m Butterfly	Women	Prelim	Sen.	0:07	2 Heats	19
11:07	9.	1500m Freestyle	Men	Prelim	Sen.	0:51	3 Heats	22
11:58	10.	1500m Freestyle	Women	Prelim	Sen.	0:38	2 Heats	18
12:36	35.	150m Medley	Men	Timed Final	Sen.		no entries	-
12:36	36.	150m Medley	Women	Timed Final	Sen.		no entries	-
12:36	End of session					Total duration	3:36	

**Schedule Session No. 2 - session 2, finals**
**30-11-2023 - 17:00**

Warmup: 15:30 until 16:45

A finals								
17:00	1.	200m Freestyle	Men	PARA and A Final				
17:15	2.	200m Freestyle	Women	PARA and A Final				
17:30	3.	200m Backstroke	Men	A Final				
17:36	4.	200m Backstroke	Women	A Final				
17:42	5.	50m Breaststroke	Men	PARA and A Final				
17:52	6.	50m Breaststroke	Women	PARA and A Final				
18:01	7.	200m Butterfly	Men	A Final				
18:08	8.	200m Butterfly	Women	A Final				
18:30	B finals							
18:30	1.	200m Freestyle	Men	B and junior Final				
18:39	2.	200m Freestyle	Women	B and junior Final				
18:48	3.	200m Backstroke	Men	B and junior Final				
18:56	4.	200m Backstroke	Women	B and junior Final				
19:04	5.	50m Breaststroke	Men	B Final				
19:07	6.	50m Breaststroke	Women	B Final				
19:10	7.	200m Butterfly	Men	B and junior Final				
19:18	8.	200m Butterfly	Women	junior Final				
19:26	End of session					Total duration	2:26	

**Schedule Session No. 3 - session 3, heats**
**1-12-2023 - 9:00**

Warmup: 7:30 until 8:45

9:00	11.	400m Medley	Women	Prelim	Sen.	0:18	3 Heats	23
9:18	12.	400m Medley	Men	Prelim	Sen.	0:16	3 Heats	27
9:34	13.	50m Backstroke	Women	Prelim	Sen.	0:13	8 Heats	72
9:47	14.	50m Backstroke	Men	Prelim	Sen.	0:10	7 Heats	67
9:57	15 min. pauze / break						0:15	
10:12	15.	200m Breaststroke	Women	Prelim	Sen.	0:15	4 Heats	36
10:27	16.	200m Breaststroke	Men	Prelim	Sen.	0:13	4 Heats	34
10:40	17.	100m Butterfly	Women	Prelim	Sen.	0:13	7 Heats	68
10:53	18.	100m Butterfly	Men	Prelim	Sen.	0:13	7 Heats	69
11:06	End of session					Total duration	2:06	

**Schedule Session No. 4 - session 4, finals**
**1-12-2023 - 17:00**

Warmup: 15:30 until 16:45

17:00	A finals				
17:00	11.	400m Medley	Women	A Final	
17:09	12.	400m Medley	Men	A Final	
17:18	13.	50m Backstroke	Women	PARA and A Final	
17:27	14.	50m Backstroke	Men	PARA and A Final	
17:37	15.	200m Breaststroke	Women	A Final	
17:44	16.	200m Breaststroke	Men	A Final	
17:51	17.	100m Butterfly	Women	PARA and A Final	
18:02	18.	100m Butterfly	Men	PARA and A Final	
18:13	10.	1500m Freestyle	Women	A Final	
18:34	9.	1500m Freestyle	Men	A Final	
19:15	B finals				
19:15	11.	400m Medley	Women	B Final	
19:22	12.	400m Medley	Men	B Final	
19:30	13.	50m Backstroke	Women	B Final	
19:33	14.	50m Backstroke	Men	B Final	
19:36	15.	200m Breaststroke	Women	B and junior Final	
19:44	16.	200m Breaststroke	Men	B and junior Final	
19:52	17.	100m Butterfly	Women	B and junior Final	
19:58	18.	100m Butterfly	Men	B and junior Final	
20:05	End of session			Total duration	3:05

**Schedule Session No. 5 - session 5, heats**
**2-12-2023 - 9:00**

Warmup: 7:30 until 8:45

9:00	19.	100m Freestyle	Men	Prelim	Sen.	0:19	11 Heats	101
9:19	20.	100m Freestyle	Women	Prelim	Sen.	0:15	8 Heats	74
9:34	21.	100m Backstroke	Men	Prelim	Sen.	0:15	7 Heats	67
9:49	22.	100m Backstroke	Women	Prelim	Sen.	0:18	8 Heats	71
10:07	15 min. pauze / break						0:15	
10:22	23.	200m Medley	Men	Prelim	Sen.	0:19	6 Heats	56
10:41	24.	200m Medley	Women	Prelim	Sen.	0:25	7 Heats	65
11:06	25.	800m Freestyle	Men	Prelim	Sen.	0:38	4 Heats	35
11:44	26.	800m Freestyle	Women	Prelim	Sen.	0:30	3 Heats	28
12:14	End of session			Total duration		3:14		

**Schedule Session No. 6 - session 6, finals**
**2-12-2023 - 17:00**

Warmup: 15:30 until 16:45

17:00	A finals				
17:00	19.	100m Freestyle	Men	PARA and A Final	
17:11	20.	100m Freestyle	Women	PARA and A Final	
17:22	21.	100m Backstroke	Men	A Final	
17:27	22.	100m Backstroke	Women	A Final	
17:32	23.	200m Medley	Men	PARA and A Final	
17:46	24.	200m Medley	Women	PARA and A Final	
18:30	B finals				
18:30	19.	100m Freestyle	Men	B and junior Final	
18:36	20.	100m Freestyle	Women	B and junior Final	
18:42	21.	100m Backstroke	Men	PARA, B and junior Final	
18:51	22.	100m Backstroke	Women	PARA, B and junior Final	
19:00	23.	200m Medley	Men	B and junior Final	
19:08	24.	200m Medley	Women	B and junior Final	
19:16	End of session			Total duration	2:16

**Schedule Session No. 7 - session 7, heats**
**3-12-2023 - 9:00**

Warmup: 7:30 until 8:45

9:00	27.	400m Freestyle	Women	Prelim	Sen.	0:34	6 Heats	58
9:34	28.	400m Freestyle	Men	Prelim	Sen.	0:30	6 Heats	59
10:04	29.	50m Butterfly	Women	Prelim	Sen.	0:07	5 Heats	50
10:11	30.	50m Butterfly	Men	Prelim	Sen.	0:11	8 Heats	72
10:22	15 min. pauze / break					0:15		
10:37	31.	100m Breaststroke	Women	Prelim	Sen.	0:15	7 Heats	63
10:52	32.	100m Breaststroke	Men	Prelim	Sen.	0:14	7 Heats	62
11:06	33.	50m Freestyle	Women	Prelim	Sen.	0:11	8 Heats	73
11:17	34.	50m Freestyle	Men	Prelim	Sen.	0:14	11 Heats	101
11:31	End of session				Total duration	2:31		

**Schedule Session No. 8 - session 8, finals**
**3-12-2023 - 16:45**

Warmup: 15:15 until 16:30

16:45	A finals							
16:45	27.	400m Freestyle	Women	A Final				
16:53	28.	400m Freestyle	Men	A Final				
17:01	29.	50m Butterfly	Women	A Final				
17:05	30.	50m Butterfly	Men	A Final				
17:10	31.	100m Breaststroke	Women	PARA and A Final				
17:22	32.	100m Breaststroke	Men	PARA and A Final				
17:35	33.	50m Freestyle	Women	PARA and A Final				
17:44	34.	50m Freestyle	Men	PARA and A Final				
17:53	25.	800m Freestyle	Men	A Final				
18:06	26.	800m Freestyle	Women	A Final				
18:45	B finals							
18:45	27.	400m Freestyle	Women	PARA and B Final				
19:00	28.	400m Freestyle	Men	PARA and B Final				
19:14	29.	50m Butterfly	Women	PARA and B Final				
19:20	30.	50m Butterfly	Men	PARA and B Final				
19:26	31.	100m Breaststroke	Women	B and junior Final				
19:32	32.	100m Breaststroke	Men	B and junior Final				
19:38	33.	50m Freestyle	Women	B and junior Final				
19:43	34.	50m Freestyle	Men	B and junior Final				
19:48	End of session				Total duration	3:03		