

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 1
20-3-2026 - 17:30

Men, 100m Butterfly

Open
Results Finals

Points:

Rank	YB		Time	Pts	50m	100m
Final A						
1.	06	CSA	53.03		24.44	28.59
2.	06	SSGS	54.50		25.04	29.46
3.	04	ASP	54.60		25.31	29.29
4.	08	TZT	54.70		25.46	29.24
5.	07	BRABO	54.98		25.15	29.83
6.	03	ASP	55.80		25.82	29.98
7.	03	ALBION	55.97		24.91	31.06
8.	06	LAQUA	56.24		26.23	30.01
Final B						
9.	06	SCZ	56.15		25.47	30.68
10.	10	KWZC	56.67		26.68	29.99
11.	05	BRABO	56.73		26.52	30.21
12.	08	STZ	57.05		26.34	30.71
13.	06	HZA	57.12		26.79	30.33
14.	05	WST	57.83		26.45	31.38
15.	05	ROSC	58.13		27.18	30.95
16.	05	MEGA	58.77		27.62	31.15

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 2
20-3-2026 - 17:38

Women, 100m Butterfly

Open
Results Finals

Points:

Rank		YB		Time	Pts	50m	100m
Final A							
1.	O'Brien Lucy	09	NCL	1:02.07		28.74	33.33
2.	Lammens Mary	11	TZT	1:03.03		28.98	34.05
3.	Varga Dominika	01	DSC	1:03.05		28.64	34.41
4.	De Bruycker Chloe	11	TZT	1:03.12		29.63	33.49
5.	Verhalle Kirsten	04	PSV	1:03.60		29.23	34.37
6.	Vandevenne Liah	11	DBT	1:03.61		29.43	34.18
7.	Hannoteau Isalyne	09	ENLN	1:05.04		29.79	35.25
8.	Korthuis Sara	06	DZ&PC	1:05.21		29.30	35.91
Final B							
9.	Desmet Lieze	10	TZT	1:04.67		30.19	34.48
10.	Rombout Lisa	01	HZA	1:04.77		30.20	34.57
11.	Ciobanu Anastasia	09	DDAT	1:04.90		31.04	33.86
12.	De Bont Sam	08	TSZ	1:04.97		30.64	34.33
13.	Mattheeuws Lie	05	MEGA	1:05.73		30.89	34.84
14.	Decoutere Imani	10	KZK	1:05.87		31.23	34.64
15.	De Decker Febe	10	MEGA	1:06.02		30.81	35.21
16.	Vertessen Fran	09	DBT	1:06.59		31.36	35.23

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 3
20-3-2026 - 17:47

Men, 200m Backstroke

Open
Results Finals

Points:

Rank	YB		Time	Pts	50m	100m	150m	200m
Final A								
1.	05	MEGA	1:59.79		27.78	30.44	30.92	30.65
2.	09	STW	2:04.07		28.67	31.51	32.28	31.61
3.	06	AUSTRIA	2:04.13		29.17	31.16	31.95	31.85
4.	08	LGN	2:04.34		29.23	31.30	32.16	31.65
5.	06	NCL	2:04.68		29.36	31.68	32.34	31.30
6.	03	CNB	2:05.51		29.02	31.74	32.65	32.10
7.	08	AUSTRIA	2:06.37		29.48	32.34	32.28	32.27
8.	07	AUSTRIA	2:08.27		28.71	31.60	34.30	33.66
Final B								
9.	03	BRABO	2:08.07		29.10	31.27	33.48	34.22
10.	09	BRABO	2:11.87		29.81	33.53	34.81	33.72
11.	08	ZB	2:12.23		31.18	33.96	34.58	32.51
12.	11	TZT	2:13.77		30.34	33.82	34.70	34.91
13.	12	TIME	2:15.33		31.12	33.66	35.61	34.94
14.	08	ZIOS	2:16.76		31.45	34.62	35.16	35.53
15.	10	TZT	2:16.86		31.31	35.22	35.11	35.22
16.	10	KZK	2:18.44		32.30	35.38	35.92	34.84

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 4
20-3-2026 - 17:57

Women, 400m Medley

Open
Results Finals

Points:

Rank					Inschr.	Time		Pts				
Final A												
1.	Vachaudez Ella		ENLN/008863/09		5:04.75	5:00.23						
	50m:	31.29	31.29	150m:	1:46.24	38.83	250m:	3:07.51	43.27	350m:	4:26.52	35.19
	100m:	1:07.41	36.12	200m:	2:24.24	38.00	300m:	3:51.33	43.82	400m:	5:00.23	33.71
2.	Boxum Fay		DZ&PC		5:05.09	5:05.30						
	50m:	31.83	31.83	150m:	1:47.58	38.86	250m:	3:10.03	43.78	350m:	4:30.61	35.88
	100m:	1:08.72	36.89	200m:	2:26.25	38.67	300m:	3:54.73	44.70	400m:	5:05.30	34.69
3.	Vertessen Fran		DBT/21114/09		5:18.09	5:10.96						
	50m:	31.80	31.80	150m:	1:49.94	41.65	250m:	3:15.59	43.78	350m:	4:36.37	36.49
	100m:	1:08.29	36.49	200m:	2:31.81	41.87	300m:	3:59.88	44.29	400m:	5:10.96	34.59
4.	Delsaer Laurien		LGN/013010/11		5:18.35	5:13.40						
	50m:	32.08	32.08	150m:	1:49.49	39.36	250m:	3:15.01	45.70	350m:	4:37.62	36.04
	100m:	1:10.13	38.05	200m:	2:29.31	39.82	300m:	4:01.58	46.57	400m:	5:13.40	35.78
5.	Brouwers Charlotte		DBT/21145/11		5:14.57	5:14.85						
	50m:	32.06	32.06	150m:	1:57.19	45.30	250m:	3:20.83	41.58	350m:	4:39.99	36.72
	100m:	1:11.89	39.83	200m:	2:39.25	42.06	300m:	4:03.27	42.44	400m:	5:14.85	34.86
6.	Lichtendonk Ismay		HZ&PC		5:18.34	5:17.50						
	50m:	32.34	32.34	150m:	1:52.79	40.44	250m:	3:16.96	44.80	350m:	4:40.93	37.94
	100m:	1:12.35	40.01	200m:	2:32.16	39.37	300m:	4:02.99	46.03	400m:	5:17.50	36.57
7.	Decoutere Imani		KZK/21111/10		5:17.67	5:21.57						
	50m:	32.62	32.62	150m:	1:52.24	41.26	250m:	3:19.39	47.57	350m:	4:45.06	37.52
	100m:	1:10.98	38.36	200m:	2:31.82	39.58	300m:	4:07.54	48.15	400m:	5:21.57	36.51
8.	Ciobanu Anastasia		DDAT/21112/09		5:25.59	5:28.01						
	50m:	33.81	33.81	150m:	1:57.35	43.97	250m:	3:25.58	45.91	350m:	4:51.53	38.46
	100m:	1:13.38	39.57	200m:	2:39.67	42.32	300m:	4:13.07	47.49	400m:	5:28.01	36.48

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 5 Men, 100m Breaststroke Open
20-3-2026 - 18:14 Results Finals

Points:

Rank	YB		Time	Pts	50m	100m
Final A						
1.	01	ZWEMFED	59.82		27.71	32.11
2.	01	ZNA	1:02.29		28.88	33.41
3.	07	DMB	1:02.51		29.01	33.50
4.	04	TZT	1:02.85		29.14	33.71
5.	99	AUSTRIA	1:02.93		28.92	34.01
6.	08	STZ	1:03.40		29.62	33.78
7.	07	COB	1:04.09		29.66	34.43
8.	06	ASP	1:05.09		30.83	34.26
Final B						
9.	06	LAQUA	1:05.20		30.56	34.64
10.	09	BRABO	1:05.40		30.54	34.86
11.	10	DMB	1:05.47		30.70	34.77
12.	08	STZ	1:05.49		30.50	34.99
13.	06	TRUST	1:05.63		30.37	35.26
14.	07	BRABO	1:05.89		30.66	35.23
15.	06	BRABO	1:06.46		30.78	35.68
16.	04	BRABO	1:07.40		30.27	37.13

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026Event 6
20-3-2026 - 18:22

Women, 50m Breaststroke

Open
Results Finals

Points:

Rank		Inschr.	Time	Pts
Final A				
1.	Gaspard Florine	CNB/001070/01	30.60	30.44
2.	Fangli Henrietta	HUN	32.14	31.70
3.	Gkovari Konstadina Andriann	GREECE	32.63	31.94
4.	de Beer Hylcke	PSV	32.06	32.08
5.	Doyle Eimear	UL	32.21	32.15
6.	Verstrepen Siel	DBT/21216/03	32.02	32.17
7.	Zsebok Laura	HUN	32.39	32.77
8.	Kidney Isabel	NCL	32.65	32.95
Final B				
9.	Gobert Lies	MEGA/21069/05	32.93	32.88
10.	D'Hooghe Katia	BRABO/21327/07	33.27	32.92
11.	Lepage Amelie	BRABO/21403/10	33.57	33.24
12.	Caes Oone	ZCT/21055/07	33.56	33.64
13.	Luyten Julie	AZK/21067/11	33.71	33.69
14.	Raemdonck Benthe-Marie	MEGA/21405/05	34.21	34.23
15.	Fatih Aya	BRABO/21244/07	34.27	34.29
16.	Struyf Lieselot	HZA/21002/04	35.24	35.34

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 7
20-3-2026 - 18:28

Men, 400m Freestyle

Open
Results Finals

Points:

Rank					Inschr.	Time		Pts				
Final A												
1.	Lovens Florentin		LGN/004356/06		4:00.11	3:56.78						
	50m:	27.70	27.70	150m:	1:27.15	29.70	250m:	2:27.42	30.06	350m:	3:27.77	30.13
	100m:	57.45	29.75	200m:	1:57.36	30.21	300m:	2:57.64	30.22	400m:	3:56.78	29.01
2.	Rynn Cormac		NCL		3:58.44	3:57.12						
	50m:	27.22	27.22	150m:	1:26.42	29.58	250m:	2:26.14	29.75	350m:	3:27.20	30.68
	100m:	56.84	29.62	200m:	1:56.39	29.97	300m:	2:56.52	30.38	400m:	3:57.12	29.92
3.	Laviolette Simon		SCR/148808/08		4:03.58	3:57.89						
	50m:	26.07	26.07	150m:	1:24.92	29.87	250m:	2:25.76	30.65	350m:	3:27.62	30.83
	100m:	55.05	28.98	200m:	1:55.11	30.19	300m:	2:56.79	31.03	400m:	3:57.89	30.27
4.	O'Brien Denis		NCL		4:04.89	4:03.25						
	50m:	27.48	27.48	150m:	1:27.10	29.72	250m:	2:29.85	30.63	350m:	3:32.82	31.29
	100m:	57.38	29.90	200m:	1:59.22	32.12	300m:	3:01.53	31.68	400m:	4:03.25	30.43
5.	Saive Antoine		LGN/012277/04		4:07.67	4:03.40						
	50m:	26.91	26.91	150m:	1:27.42	30.52	250m:	2:29.81	31.01	350m:	3:32.80	31.04
	100m:	56.90	29.99	200m:	1:58.80	31.38	300m:	3:01.76	31.95	400m:	4:03.40	30.60
6.	Baumann Leo Ilias		SSGS		4:03.86	4:03.79						
	50m:	27.69	27.69	150m:	1:28.68	30.86	250m:	2:30.96	31.46	350m:	3:34.54	31.92
	100m:	57.82	30.13	200m:	1:59.50	30.82	300m:	3:02.62	31.66	400m:	4:03.79	29.25
7.	Wiersma Tieme		DZ&PC		4:05.13	4:03.93						
	50m:	28.26	28.26	150m:	1:29.49	31.04	250m:	2:32.50	31.48	350m:	3:34.58	30.94
	100m:	58.45	30.19	200m:	2:01.02	31.53	300m:	3:03.64	31.14	400m:	4:03.93	29.35
	Klink Sven		SWOL		4:08.20	4:03.93						
	50m:	28.20	28.20	150m:	1:28.03	30.24	250m:	2:30.27	31.44	350m:	3:33.55	31.71
	100m:	57.79	29.59	200m:	1:58.83	30.80	300m:	3:01.84	31.57	400m:	4:03.93	30.38
Final B												
9.	Vangrootloon Jef		HZS/11364/10		4:13.81	4:07.09						
	50m:	27.05	27.05	150m:	1:28.83	31.25	250m:	2:32.82	32.09	350m:	3:37.02	31.99
	100m:	57.58	30.53	200m:	2:00.73	31.90	300m:	3:05.03	32.21	400m:	4:07.09	30.07
10.	Kindt Levi		BRABO/11588/074:12.45			4:07.63						
	50m:	26.55	26.55	150m:	1:27.70	31.53	250m:	2:31.97	32.36	350m:	3:37.15	32.61
	100m:	56.17	29.62	200m:	1:59.61	31.91	300m:	3:04.54	32.57	400m:	4:07.63	30.48
11.	Kopriva Ilio		DBT/11016/06		4:09.92	4:09.64						
	50m:	27.36	27.36	150m:	1:29.09	31.73	250m:	2:33.65	32.46	350m:	3:38.89	32.66
	100m:	57.36	30.00	200m:	2:01.19	32.10	300m:	3:06.23	32.58	400m:	4:09.64	30.75
12.	Spadea Tommaso		LAQUA/11260/084:10.74			4:10.33						
	50m:	28.19	28.19	150m:	1:30.36	31.61	250m:	2:34.45	32.08	350m:	3:39.22	32.43
	100m:	58.75	30.56	200m:	2:02.37	32.01	300m:	3:06.79	32.34	400m:	4:10.33	31.11
13.	Desmet Leendert		TZT/31033/06		4:12.62	4:10.77						
	50m:	28.88	28.88	150m:	1:31.28	31.56	250m:	2:35.13	32.13	350m:	3:39.81	32.51
	100m:	59.72	30.84	200m:	2:03.00	31.72	300m:	3:07.30	32.17	400m:	4:10.77	30.96
14.	Pattyn Lowie		TiMe/11027/10		4:18.01	4:16.91						
	50m:	29.32	29.32	150m:	1:32.48	31.87	250m:	2:37.88	33.18	350m:	3:44.67	33.30
	100m:	1:00.61	31.29	200m:	2:04.70	32.22	300m:	3:11.37	33.49	400m:	4:16.91	32.24
15.	Housen Korneel		TZT/11091/09		4:22.05	4:19.32						
	50m:	28.52	28.52	150m:	1:32.83	32.46	250m:	2:39.36	33.20	350m:	3:46.49	33.34
	100m:	1:00.37	31.85	200m:	2:06.16	33.33	300m:	3:13.15	33.79	400m:	4:19.32	32.83
16.	Kockx Henri		MEGA/11104/06		4:25.35	4:21.74						
	50m:	30.00	30.00	150m:	1:35.17	33.01	250m:	2:41.29	33.21	350m:	3:48.73	33.85
	100m:	1:02.16	32.16	200m:	2:08.08	32.91	300m:	3:14.88	33.59	400m:	4:21.74	33.01

Flanders Swimming Cup 2026
 Antwerpen, 20- - 22-3-2026

 Event 8 Women, 200m Freestyle Open
 20-3-2026 - 18:42 Results Finals

Points:

Rank	YB		Time	Pts	50m	100m	150m	200m
Final A								
1.	Dumont Sarah	07	NOC	1:58.38	28.16	29.76	30.25	30.21
2.	Vanderlinden Siri	09	LAQUA	2:01.04	28.32	30.55	31.28	30.89
3.	van Kalmthout Yara	02	PSV	2:01.94	28.65	30.68	31.30	31.31
4.	Ravelingien Lana	03	BRABO	2:02.47	28.54	30.86	31.64	31.43
5.	Michiels Nore	08	TSZ	2:03.19	28.59	30.77	32.18	31.65
6.	Delcommune Zinke	05	KAZS	2:03.72	28.88	31.17	32.18	31.49
7.	Durez Laure	06	ENLN	2:04.67	29.01	31.66	31.95	32.05
8.	van Bezouw Yill	11	ZPV	2:05.30	28.92	32.44	32.15	31.79
Final B								
9.	Metzemakers Lea	09	BRABO	2:07.09	29.36	31.97	32.79	32.97
10.	Vervloet Zoe	10	GZVN	2:08.85	29.43	33.05	33.04	33.33
11.	Adelmann Clara Cenxi	10	LAQUA	2:09.65	30.55	33.04	33.08	32.98
12.	Claeys Ditte	10	ROSC	2:10.03	30.52	33.01	33.41	33.09
13.	Van Avondt Lina	09	STA	2:10.17	29.76	33.20	34.07	33.14
14.	Desmet Lieze	10	TZT	2:10.33	29.76	32.95	33.80	33.82
15.	Van Gysel Maite	08	MEGA	2:11.35	30.66	32.93	34.26	33.50
16.	Van den Wyngaert E.	09	BRABO	2:14.68	29.52	33.00	35.61	36.55

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 9
20-3-2026 - 18:54

Men, 50m Freestyle

Open
Results Finals

Points:

Rank		Inschr.	Time	Pts
Final A				
1.	Van Hooydonck Vincent	BRABO/11137/07	22.16	22.25
2.	Abdoli Samyar	SSGS	22.68	22.56
3.	Vincent Bradley	MRI	22.79	22.69
4.	Alves Torres Paul	CNB/015616/03	22.82	22.81
5.	Lammens Seppe	BRABO/11514/07	23.39	23.05
6.	Van Wellen Joseph	HOZT/11017/08	23.12	23.09
7.	Baeye Leon	MEGA/11281/08	23.30	23.28
8.	Stevens Stan	PSV	23.47	23.42
Final B				
9.	Waerniers Bere	TZT/11117/08	23.54	23.49
10.	Berges Jens	HZA/10298/01	24.10	23.66
11.	Kalogeropoulos Zeno	UZKZ/11191/04	23.89	23.82
12.	Vanhamel Yonas	BRABO/11576/05	24.18	23.96
13.	Vansielegheem Killian	ROSC/11422/05	24.23	24.05
14.	Druant Andreas	ZB/11089/06	24.03	24.10
15.	de Mul Tom	MEGA/11198/05	24.19	24.19
16.	Thiebaut Noah	STZ/11028/08	24.26	24.65

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026Event 10
20-3-2026 - 19:01

Women, 50m Backstroke

Open
Results Finals

Points:

Rank		Inschr.	Time	Pts
Final A				
1.	Verdonck Fleur	ZN/21075/06	29.33	29.30
2.	Godden Maria	NCL	29.44	29.45
3.	Broeckaert Noor	BRABO/21338/07	29.64	29.62
4.	Bussels Fleur	DMB/21066/08	29.84	29.69
5.	Durez Laure	ENLN/005491/06	30.10	29.88
6.	Lichtendonk Ismay	HZ&PC	30.10	29.97
7.	Heijl Olivia	BRABO/21594/07	30.31	30.30
8.	Groener Yke	PSV	30.35	30.46
Final B				
9.	Van Brabandt Juliette	MEGA/21249/09	30.80	30.74
10.	Beijnsberger Mare	RSC/21122/10	31.29	30.80
11.	Vandevenne Liah	DBT/21135/11	30.96	30.86
12.	Mattheeuws Lie	MEGA/21053/05	30.61	30.90
	Wouters Briana	KAZS/21151/06	31.25	30.90
14.	Huens Noor	MEGA/21252/09	31.11	31.01
15.	Nazaruk Nicole	STZ/21034/09	31.12	31.06
16.	Claeys Ditte	ROSC/21418/10	30.99	31.64

Flanders Swimming Cup 2026
Antwerpen, 20- - 22-3-2026

Event 11
20-3-2026 - 19:07

Women, 1500m Freestyle

Open
Results

Points:

provisional results

Rank			Inshr.			Time	Pts	
	Jorissen Janne		LGN/010438/11 17:59.27			17:55.18		
	100m: 1:05.27	1:05.27	500m: 5:49.73	1:11.99	900m: 10:41.25	1:12.83	1300m: 15:32.13	1:12.43
	200m: 2:15.19	1:09.92	600m: 7:02.55	1:12.82	1000m: 11:54.99	1:13.74	1400m: 16:44.54	1:12.41
	300m: 3:25.87	1:10.68	700m: 8:15.19	1:12.64	1100m: 13:07.23	1:12.24	1500m: 17:55.18	1:10.64
	400m: 4:37.74	1:11.87	800m: 9:28.42	1:13.23	1200m: 14:19.70	1:12.47		
	Van Den Bremt Sarah		AZL/21085/10 18:55.71			18:45.80		
	100m: 1:08.01	1:08.01	500m: 6:06.23	1:14.64	900m: 11:10.62	1:16.14	1300m: 16:17.47	1:16.42
	200m: 2:22.02	1:14.01	600m: 7:21.76	1:15.53	1000m: 12:27.05	1:16.43	1400m: 17:33.59	1:16.12
	300m: 3:36.30	1:14.28	700m: 8:38.07	1:16.31	1100m: 13:44.69	1:17.64	1500m: 18:45.80	1:12.21
	400m: 4:51.59	1:15.29	800m: 9:54.48	1:16.41	1200m: 15:01.05	1:16.36		
	Mertens Helena		SHARK/21146/018:30.70			18:54.66		
	100m: 1:06.87	1:06.87	500m: 6:10.17	1:16.94	900m: 11:17.58	1:17.11	1300m: 16:24.32	1:16.56
	200m: 2:21.49	1:14.62	600m: 7:27.54	1:17.37	1000m: 12:34.55	1:16.97	1400m: 17:40.34	1:16.02
	300m: 3:36.89	1:15.40	700m: 8:43.80	1:16.26	1100m: 13:51.08	1:16.53	1500m: 18:54.66	1:14.32
	400m: 4:53.23	1:16.34	800m: 10:00.47	1:16.67	1200m: 15:07.76	1:16.68		